

Moorhead Spud Athletic Booster Club

Summer 2010 Newsletter (Spring Sports Roundup)

Spud girls show solid improvement on the links

By Coach Karin Schumacher

The Moorhead girls' golf team had a very improved season in 2010. Scores continue to drop, both individually as well as team. We finished the season with three straight meets under 400, a feat that was accomplished only once last year. We are also seeing more girls breaking the 100 mark, and now our goal is to approach the 90 mark. We were led by our lone senior, Alison Bruggeman, A four-year letter winner and a two-year captain. Our junior representative on the varsity squad was Brooke Just, with Kaitlin Grove qualifying for a few varsity meets as well. Our numbers come from the sophomore squad, led by Tiffany Swanson, Annie Barnum, Heidi Erickson and Sheyenne Johnson. Emily Fuglestad and Demmie Martin also saw some varsity competition this year.

Our improvement for next season will depend largely upon the efforts made by the girls to golf competitive rounds of golf this summer. It's difficult to drop strokes by playing only six weeks of golf in the spring. Our numbers were up again this year, with 17 girls out in 10-12. We hope to add some of next year's freshmen and sophomores to the total!



Girls track team sends three to state

The MHS Spud Girls had a fantastic season for true team, sections, and at the Minnesota State Meet. Moorhead competed in very wet, cold conditions this year and took second place with 879.5 points at true team sections, barely missing the win by 17 points.



Later in the season, we had several amazing performances at our section meet by individual athletes. We qualified three athletes to continue on for competition at the state meet. Freshman, Kristin Drechsel took second place in the discus by throwing 118-4, which was also a 20' personal best for the season. Junior, Ashley Heinze competed in the 400m dash and took first place with a 58.56 in finals, which was a .33 second personal best. Junior, Chelsea Klemetson took second place in the High Jump with a height of 5'3", which was a 1" personal best.

At the state meet, Kristin Drechsel placed 17th overall with 92-2, Ashley Heinze placed 13th with a time of 58.86, and Chelsea Klemetson placed 3rd with a jump of 5'5".

Softball team winners on and off the field

Submitted by Coach Mark Perry

The 2010 girls fastpitch softball season was a success on and off the field. On the field the girls took first place at the Frazee Invitational Tournament and took 3rd place at the Detroit Lakes Invitational Tournament. This year we had seven seniors and all were able to contribute. Each of them worked hard to improve themselves, they are great kids and will be missed!

Early in the season we enjoyed a four game winning streak and were playing very well.

We ended the season by traveling to Big Lake, the host team, and losing to Sartell 3 to 2. In the classroom the girls really excelled. For the fourth year in a row the team won Academic All-State with a team GPA of 3.75. Four seniors, Hailey Johnson, Erica Jossund, Sam Taylor and Danielle Kukowski, were awarded Academic All-State.



Boys' tennis team boasts Section 8AA champion

Tyler Hjalquist (grade 11) was crowned as the Section 8AA Individual Champion advancing to the 2010 state singles tournament at the University of Minnesota. Tyler lost his first round match but came back to win the consolation bracket. Tim Costello and Scott Matheson are the Moorhead coaches.



Stay up to date on the action! Go to www.spudsports.net

Boys' track team competes in State True Team Meet

By Coach Jon Moe

On behalf of the Spud Track and Field Staff and Team I would like to thank the Spud Boosters for your support of Moorhead Athletics!

2010 was a fantastic year for Moorhead Boys Track and Field! For the first time in five years our team made it to the State True Team Meet in Stillwater! We had a solid team finishing in the top half in every event at the section meet and brought back our philosophy of working individually for the good of the team.

Individually this year we had a few seniors with record setting performances. MacCauley Spandle set the **state record pole vault bar higher** with a jump of 15'8" at our MAA meet! He also won the state individual title in the pole vault this year. Two other Moorhead Vaulters Brendan Johnson (JR.) and Nathan Granzow also hit 14' and 13'6" in regular season competition. Let by Coach Bucholtz, Adam Stein and Parker Jacobsen are eager to join Brendan Johnson as Moorhead continues to dominate this event.

Kyle Gronbeck had our farthest discuss throw in over 10 years with a throw of 149' and Mark Wychor had the farthest Shot toss since Chris Nulle with a toss of 48'! Our entire throw crew improved by leaps and bounds with the addition of our new throws coach John Gallagher!

Senior Wes Anderson Jumping out of his shoes again in the Long jump with multiple 21' jumps giving him another trip to the the state meet! Other jumpers with big years were Aaron Lien with a 6'2" high jump as a freshman and sophomore Gabe Wright going 6'3" to qualify for the state meet! Our Horizontal Jumps were coached by Coach Clarke and our Vertical Jumps by Coach Gall.



Michael Golling led the hurdlers this year with several low 40 sec. 300 hurdle races and qualifying for state in the 110 hurdles. A young crew of hurdlers including Eric Bye, Garrett Hawkins, Adam Hanson, Gabe Wright Luke Monke-Lundberg and Evan Johnson will be ready for next year with Coach Nelson guiding them over the obstacles!

Our mid distance crew was unbeatable with Coach Dooher and Coach Blake guiding a solid senior 4x800 crew consisting of Joe Dooher, Matthias Valan, Matt Nicolai and Dan Sederquist to a low 8:00 time! If I could count the number of guys under five minutes in the mile this year I would include them, it but it's over 20! Our lone qualifier was sophomore Glen Ellingson, who qualified for state in the mile and two mile!

Sprinters were young this year with only two seniors in the 400 with Jeff Toso, Ryan Trygg and finishing out their careers with a fabulous 4x400 relay at the section meet. We also lose the "Relay Man" Chris Fierstine and trooper Aaron Johnson.

We've got some young strong sprinters that will put us back where we belong next year in the short sprints! Nick Geraghty, Evan Livdahl, Matt Duginski, Levi Tompkins and Austin Moon all will be back along with several other new recruits with our summer speed and strength program developing many quality sprinters!

With a true team focus it's hard to point out individuals because the guys that don't make our top three are equally as important to our team. Effort, improving yourself and knowing the external is out of your control are the key elements of success as stated by the late John Wooden! Very few sports can put that to the test better than Track and Field! Thanks again for your support!

-Coach Moe and Staff

Trip to state follows Section 8AAA title for boys' golfers

A trip to the AAA State Golf Tournament capped a successful 2010 season for the Spuds boys golf team. Moorhead's two-day team score of 618 was good for a fourth place finish on Coon Rapids' Bunker Hills golf course, the perennial site of the state event.



Individually, the Spuds were led by sophomore Bryant Buckellew, whose 147-strokes total earned tied-6th place honors. Fellow sophomore Ben Welle tied for

14th individual place at 151 strokes. Also competing for the Spuds at the state tournament were juniors Micah Megorden, Tyler Rustad, and Logan Arnold, along with sophomore Logan Ness.

Moorhead earned the trip to state following a dominating run to the Section 8AAA title at GreyStone Golf Club in Sauk Rapids. The Spuds' two-day team total of 586, just 10 strokes over par, was a full 19 strokes ahead of second-place Alexandria.

Spuds finish strong on diamond, come up short at state

Submitted by Coach Greg Salveold

The 2010 baseball team had a very successful season, finishing 18-6. We started the season 3-3 with losing some close games and showing improvement every day. We then ended up winning our next 14 of 15 games before playoffs. At one point we won 10 games in a row and six players were hitting over .400 with a team batting average of .370. Some of our top senior hitting leaders were Tyler Larson, Lucas Henry, Braden Rahman, Kyle Kraemer, Aaron Ostlund and Cole Honl.



Pitching was another aspect that helped our winning record. Leading the way was Lucas Henry (7-2), Tyler Larson (4-3), and Brooks Miller (4-0). Going into the playoffs we had a lot of confidence and our pitching and hitting were coming together at the right time. After the regular season was over we had a record of (16-4) and we were ranked 2nd in our section behind Brainerd.

The first team we faced in playoffs was Bemidji at home, and we won 4-3 in a very well played defensive battle. Each team had many opportunities to score, but kept the score close. St. Michael Albertville was our next opponent in St. Cloud and we lost 6-3 in the double elimination section tourney. We had many opportunities to score, but it was a very soggy, rain filled day where we could not come up with a couple big hits in key situations. We ended up playing Big Lake in the third game and won 3-0. Now having to play St. Michael Albertville again to get to the championship game and go to the state tournament, we came up short and lost 5-2. It was a great season and we look forward to another great season next year with some exciting returning players!

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**DON'T MISS THIS
GREAT 2010-11
SEASON-
OPENING
EVENT!**

**September 1
7 P.M.**

*Meet and
Greet the Spuds*
Jim Gotta
Stadium

Meet the coaches
and fall sports team
athletes

**Ice Cream Social
Bonfire
Following the program**

Thanks to Cass Clay Creamery and
Rick Electric for contributing to this event

Moorhead Spud Athletic Boosters
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